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## L3 GROUPS GUIDELINES

The L3 Journal is a tool to help you learn how to read the Word of God for yourself. It's a Bible reading plan that gives you a different passage of Scripture to read every day. Then as you journal, you examine it, apply it to your life and pray through it. An L3 group provides opportunity for community and life-sharing with others who are using the L3.

### Weekly Preparation

- Be consistent in your reading the L3 text for the day. Use the journaling process, R.E.A.P. (Read, Examine, Apply, Pray) See sample.
- Pray for the members of your L3 group by name. Assigning specific persons a certain day of the week is helpful to me.

### Share the 4 Rules for Small Group Discussion with your group.

- Confidentiality. What's said in the group stays in the group.
- No cross-talk. Be considerate of others as they share. Refrain from side conversations and texting during group time.
- No fixing. We are not in the group to fix each other. Jesus does that part.
- Sharing. Be sensitive to the amount of time you share. Don't talk too much or too little. Everyone is to participate in a L3 Group.

### Journaling

For the first few group meetings, format your time together in to allow for the R.E.A.P. process. This provides an opportunity to model the use of the L3 journal.

- Greet all participants and make sure all know each other. Pray for your group and your time together.
- Spend 15-20 minutes individually reading the L3 text for that day.
- Spend 15-20 minutes walking through the journaling process of the L3. (R.E.A.P.)
- Spend 15-20 minutes taking turns reading the journal entry.
- Close out your time together with sharing prayer requests and praying together.

### On-Going Groups

As the people in your group become knowledgeable about the L3 journaling process, it will not be necessary to do this during your small group. This will provide more time for sharing what God is revealing to one another. It is essential for all to come prepared, so encourage your group to come with their L3 Journals and Bibles and have something ready to share.

- Greet your participants and open your group with prayer.
- Spend 20-30 minutes sharing specifically what the group wrote in their L3 journal over the week. Each participant should select 1 entry from the previous week to read to the group.
- Spend 20-30 minutes sharing about ways each has been able to apply the scripture to their lives or how they would like to apply the scripture in the coming week to their lives.
- Share prayer requests and pray specifically for one another.